

# Teach Tough Topics Effectively

Discovery Education Health is a comprehensive health and prevention library that addresses the needs of the whole student. Enhancing the classroom with a state-standards-based online library of K–12 health and prevention content, Discovery Education Health builds life skills in nine key topic areas:

- > Physical Activity
- > Mental Health
- > Alcohol and other Drugs
- > Violence
- > Safety
- > Nutrition
- > Tobacco
- > The Body
- > Growth and Development



## Resources Include:

- > 16 full-curriculum programs
- > 600+ chaptered videos
- > Hundreds of lessons plans
- > Literacy strategies proven to increase reading comprehension
- > Teacher Center, a one-stop shop for curriculum and health-program resources
- > Professional development, training, and health integration resources
- > eBooks to engage the visual learner
- > Games that teach students about difficult decisions
- > Human Body Atlas

# Address the Needs of the Whole Student Through Video

## Resources for Bullying and Cyberbullying

Access up-to-date video resources to help students navigate safety in today's world:

- > Female Bullying
- > Strategies for Bystanders
- > Strategies for Victims
- > Causes of Teenage Violence
- > What Should You Do If You Are Being Bullied?
- > Whom Can You Talk to About Bullying?
- > Bullying in Cyberspace

## Video Library Continues to Grow

- > All new titles are copyright 2000 or newer
- > Spanish-language video included

## New Video Titles Include

- > Fitness Fantasy:6 Monica Lee/5K
- > Get Fresh with Sara Snow: Eating Fresh
- > Strictly Dr. Drew: Weighty Issues
- > Alcohol: What About It?
- > Toxic Relationships: Warning Signs
- > Getting Along: How Does It Feel?
- > Working Together: That's Not Right!
- > Straight Talk about Peer Pressure
- > Safe at School: Developing a Crisis Plan
- > Safe at School: Weapons at School



Start a Preview Today. Please call 800-323-9084 or e-mail [educationsales@discovery.com](mailto:educationsales@discovery.com).